

[Resources for UC Students & Trainees](#) [1]

Before You Leave

[Checklist for Student Travel Abroad](#) [2]

[What to Pack](#) [3]

[Traveler Health](#) [4]

[Visas & Money](#) [5]

[Phones, Internet & Technology](#) [6]

[Student Health Insurance](#) [7]

[Deciding Where to Go](#) [8]

[Travel Alerts](#) [9]

Managing on the Ground

[Safety Considerations](#) [10]

[Labor Considerations](#) [11]

[Professional & Ethical Behavior](#) [12]

[Medical Insurance](#) [13]

[Illness or Injury Abroad](#) [14]

[Language Translation](#) [15]

Returning from Abroad

[Post-Travel Checklist](#) [16]

[Travel Reimbursements](#) [17]

Last updated: 7 Dec 2016

Links

- [1] <https://www.ucgo.org/resources-uc-students-trainees>
- [2] <https://www.ucgo.org/checklist-student-travel-abroad>
- [3] <https://www.ucgo.org/what-pack>
- [4] <https://www.ucgo.org/traveler-health>
- [5] <https://www.ucgo.org/visas-and-money>
- [6] <https://www.ucgo.org/phones-internet-and-technology>
- [7] <https://www.ucgo.org/student-health-insurance>
- [8] <https://www.ucgo.org/deciding-where-go>
- [9] <https://www.ucgo.org/travel-notice>
- [10] <https://www.ucgo.org/safety-considerations>
- [11] <http://www.ucgo.org/foreign-visitors-labor-considerations>
- [12] <https://www.ucgo.org/professional-and-ethical-behavior>
- [13] <https://www.ucgo.org/insurance-researchers>
- [14] <https://www.ucgo.org/illness-or-injury-abroad>
- [15] <https://www.ucgo.org/language-translation>
- [16] <https://www.ucgo.org/post-travel-checklist>
- [17] <https://www.ucgo.org/travel-reimbursements>